

Hello April

Medically Fragile Newsletter



CENTER FOR
DEVELOPMENT
& DISABILITY

April 2023 | Medically Fragile Case Management Program |

Inside This Issue

PG. Help us, Help You!

PG. 3 Medicaid! – are you at risk
of no longer qualifying?

PG. 4 National Park Access,
Camp Adventure

PG. 5 FREE Explora
Memberships

PG. 6 Carrie Tingley Updates

Pg. 7 Carrie Tingley Updates

Pg. 8 Carrie Tingley Updates

Pg. 9 Let's Meet Up, April 27th

Pg. 10 Updates to Our Website, Parents
Reaching Out Family Leadership Conference

Pg. 11 Parent to Parent Tips



Just a gentle reminder.... please, please stay in touch. Help us, Help you!

A month can be a long time.

Please let your nurse case manager know if anything comes up between your monthly visits.

We **especially** need to know right away of the following:

- Hospitalization
- ER visits
- Changes in address and/or telephone number



In the event of hospitalization and ER visits, we want to be there to support you.

Please share with your hospital staff that your loved one is on the Medically Fragile Program.

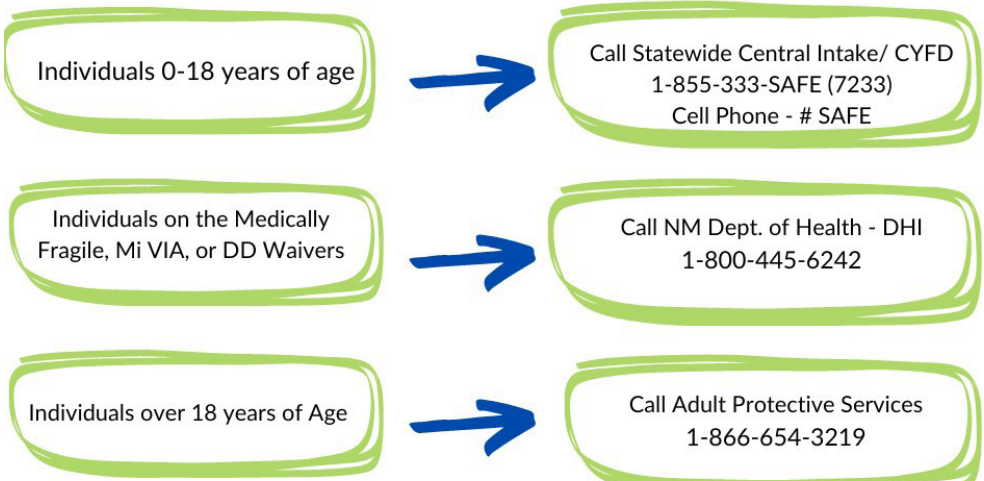
Please share your loved one's nurse case manager's name and number.

We want to help make sure you have everything you need at discharge, so it is a safe, smooth transition home.

ABUSE NEGLECT EXPLOITATION REPORT IT!

In case of an Emergency call 911

Remember to report any suspected abuse, neglect, or exploitation!



Lines are open 24/7. When you call the numbers above, you can remain anonymous and all the information is kept confidential.

YOUR HEALTH IS OUR PRIORITY

Medicaid and SNAP Renewals are back!
Do you still qualify? Can we help?



Maintain Medicaid - <https://renew.hsd.nm.gov/>

In response to the COVID-19 public health emergency, the federal government did not require people to renew their Medicaid or SNAP.

Due to new federal laws and guidelines, everyone will now need to renew their Medicaid and SNAP eligibility when they are notified.

How to renew:

Make sure your contact info is correct. The New Mexico Human Services Department will need your current contact information to send your Medicaid renewal packet when it is time for you to renew.

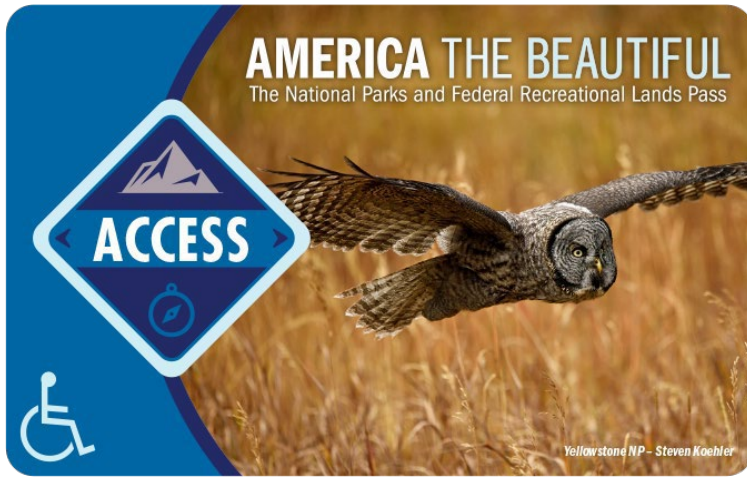
If you do not renew your eligibility, you will lose your Medicaid benefits.

Online tips:

- The fastest way to update contact information is through [online chat](#).
- The fastest way to renew is online by signing in at www.yes.state.nm.us
- If you forgot your username or password, click Forgot User ID or Password and follow the instructions to reset.
- If you have previously signed in to yes.state.nm.us do not click the Create an Account button. This may result in a duplicate account, and you will need to call 1-800-283-4465 to update your account before you can renew online.
- If you do not see a renew button when you sign in at yes.state.nm.us, you will need to call 1-800-283-4465. Your account may need to be updated before you can renew online.

From <https://renew.hsd.nm.gov/qas/>

Important: If you previously qualified financially for Medicaid, but no longer qualify, or are at risk of losing Medicaid due to a change in financial status, please contact your Medically Fragile RN Case Manager. They can explore options available to maintaining your child's Medicaid.



America the Beautiful-The National Parks and Federal Recreational Lands Access Pass

What is the America the Beautiful- The National Parks and Federal Recreational Lands Access Pass?

The Interagency Access Pass is part of the America the Beautiful – The National Parks and Federal Recreational Lands Pass series and is available free for US citizens or permanent residents with permanent disabilities.

Who is eligible to get an Interagency Access Pass?

The Interagency Access Pass may be issued to US citizens or permanent residents of any age that have been medically determined to have a permanent disability (does not have to be a 100% disability) that severely limits one or more major life activities.

For more information visit:

<https://www.nps.gov/subjects/accessibility/interagency-access-pass.htm>



UNLEASH THE POSSIBILITIES
Carrie Tingley Hospital Foundation

It's never too early to think about Summer Camp!

CAMP ADVENTURE (SUMMER CAMP)

Camp Adventure is a summer adaptive camp for children 6 to 19-years-old living with permanent disabilities. Camp Adventure allows children and teens the opportunity to unleash their possibilities!

During camp, campers enjoy sports, art, music, and games. Most importantly, they have fun and create lasting friendships and memories. Camp is staffed by qualified instructors and volunteers who provide instruction, encouragement, and support.

Camp Adventure 2023

- Albuquerque - June 19-23
- Las Cruces - June 27-30
- Farmington - July 11-14
- Gallup - July 18-21

[Click Here for More Information](#)

Free Explora Membership!

Hello families,

I have been in contact with *Explora!* And they have agreed to give each family in our program a **free year membership!**

This will be One Membership per Household. This will be a family membership which includes: up to 6 people within a family; at least one member must be 18+.

If you would like to receive a free year membership I will need to add your information to Explora. This information will include: Primary Adult First and Last Name, your address, city, state, zip code, email, phone number, and let me know if you need the instructions sent in Spanish.

Please respond to me (nrajala@salud.unm.edu) with the following information if you would like to receive this membership!

Hola familias,

¡He estado en contacto con Explora! ¡Y han accedido a dar a cada familia en nuestro programa una membresía gratis por un año!

Esta será una membresía por hogar. Esta será una membresía familiar que incluye: hasta 6 personas dentro de una familia; al menos un miembro debe ser mayor de 18 años.

Si desea recibir una membresía de un año gratis, tendré que agregar su información a Explora. Esta información incluirá: nombre y apellido del adulto principal, su dirección, ciudad, estado, código postal, correo electrónico, número de teléfono y, si necesita que le enviemos las instrucciones en español, hágamelos saber.

¡Por favor, respóndame con la siguiente información si desea recibir esta membresía! (nrajala@salud.unm.edu)



[View this email in your browser](#)



Not So Muddy Grass Volleyball Tournament
July 29, 2023
Balloon Fiesta Park



Team Registration is OPEN!

Competitive and social divisions!
Cash Prizes for both divisions!

[Visit the Not So Muddy website for all the info!](#)

Register your team by June 1 and be entered
in a drawing to win a game day
VIP Package - tent, tables, chairs, and
refreshments courtside!

Team Registration deadline: June 30.

Join us at Canteen Brewhouse on April 7 (7 - 9 p.m.) to kick-off
registration and celebrate National Beer Day. Canteen will be donating
a portion of pint sales to CTHF.

Sponsors



We are **seeking volleyball referees** for the competitive division and the play-off games for both competitive and social. If you have experience refereeing and want to earn some cash, please contact Melissa for more info (mkaminsky@cthf.net). Thanks!

Camp Adventure Registration

Camp Adventure is a free adaptive summer camp open to children ages 6-19 receiving care at Carrie Tingley Hospital. Camp will be held in four locations this year:

- Albuquerque - June 13-23
- Las Cruces - June 27-30
- Farmington - July 11-14
- Gallup - July 18-21

Space is limited! Go to our website to submit camp registration. Contact Helen at 505-525-9021 or hpino@cthf.net with any questions.



Volunteers Needed

From individuals to service groups, we appreciate your time and support!

Additional details such as times and dates are provided on the Sign Up Genius page for the events (links below).

Camp Adventure Summer Camp: Seeking camp counselors and camp support staff. A one-week adaptive camp taking place in four cities this summer. High schoolers, church groups, service groups and individuals encouraged to register! Contact Helen at hpino@cthf.net with questions and for materials to promote to your groups and clubs.

- Albuquerque - June 13-23
- Las Cruces - June 27-30
- Farmington - July 11-14
- Gallup - July 18-21

Spring Adaptive Cycling: (FIRST RIDE IS THIS SUNDAY!) The Tread Setters are ready to ride! Support riders needed, from short rides to a several miles. Sunday afternoons, April 2-May 21. Contact Helen at hpino@cthf.net with questions.

Wheelchair Basketball: Our players are on a roll! Join us and be part of empowering the kids to improve their skills. Takes place twice a month on Saturday's from 11 a.m. - 12 p.m. More info on registration page. Contact Helen at hpino@cthf.net with questions.

Not So Muddy Grass Volleyball Tournament: Volunteers needed for set-up and day of event - July 29, 2023. Contact Mandisa at mmarks@cthf.net for more info.

Festival of Trees: We begin working on this event in July. More info this spring!

**Please contact us with any questions.
Thank you for your support**

Support the Community

BIG THANK YOU to **Tractor Brewing** for selecting CTHF as their first **Beer for a Better Burque** organization for 2023! Tractor Brewing selects four non-profits each year to support throughout the year by hosting a fundraiser, pint night, and in-kind beverage donations to support other fundraising events.

ACE Leadership High School is hosting a community market on Saturday, April 1 from 10 a.m. - 2 p.m. at 1240 Bellamah NW. The market will feature the student's work along with local artists and crafts, and other local organizations. Stop by our table and say hi!



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● CDD Medically Fragile Program

MONTHLY MEET UP



Thursday, April 27, 2023



11:00 am - 12:00 pm



2300 Menaul Blvd NE Albuquerque, NM
87107 , East Building , Floor 1 conference
room

**Family Meet up! Let's get to know each other and
discuss how you're doing! Snacks provided, kids
welcome to come!**



for more information email Nichole at
nrajala@salud.unm.edu

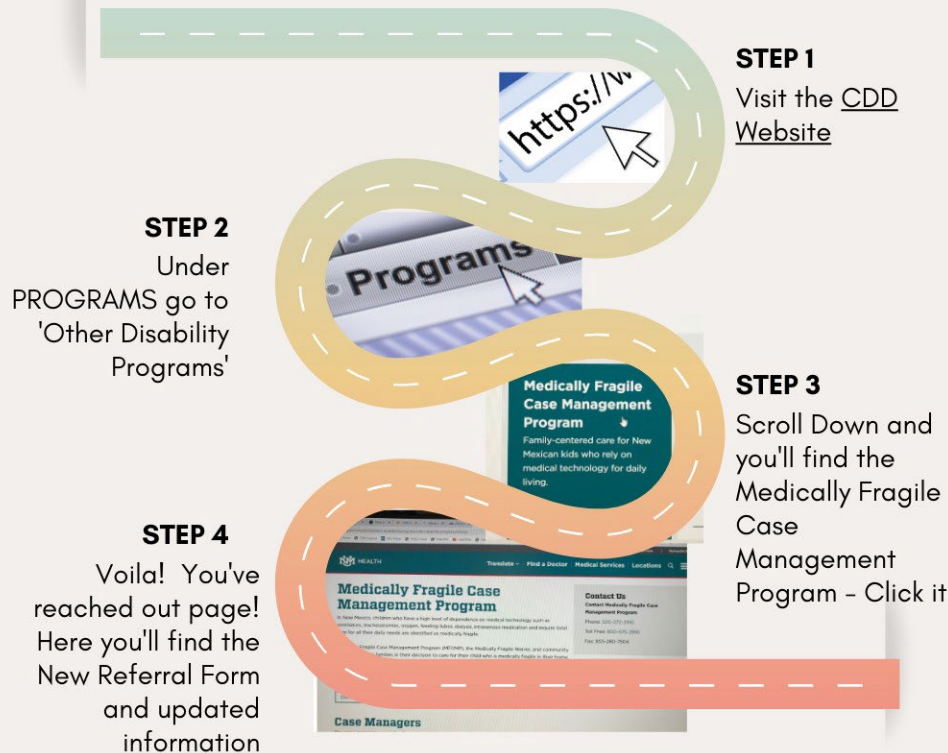
MEd Frag Website Update

CDD Medically Fragile Case Management Website

Our webpage is currently undergoing some updates! All of the programs contact information has been updated to the correct phone numbers, fax, and emails.

Also, you can now easily find our referral sheet. If you know someone who has a child that may qualify for our program please give them that referral page or direct them to our website.

I know that finding our program in the CDD webpage can be a little frustrating, but I hope the quick little guide added to the left will help a little bit!



This conference will help provide opportunities for families and youth to improve their knowledge and skills in leadership and advocacy. There will be fun networking opportunities with participants from around the state and a selection of workshop strands that will provide important information and perspectives to families, self-advocates, and professionals.

[Register Today!](#)



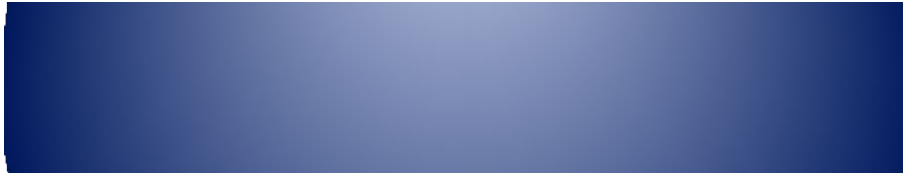
Parents Reaching Out

18TH ANNUAL FAMILY LEADERSHIP CONFERENCE

Providing Real Opportunities

April 13th, 2023

Embassy Suites: 1000 Woodward Pl NE,
Albuquerque, NM 87102



Referred to as “Fake Fat” by one parent, who notes "this will prevent or help heal breakdowns. I cannot say enough good words about this product that I've used for years!" <https://www.actionproducts.com/home-medical/adaptive-pads.html>

Pads can be cut up and used for spot protection on products such as arm pads, foot plates, head/leg rests and splint/braces.
Adaptive Pads are available in 1/4", 1/2", 5/8" thicknesses.

By creating Akton® viscoelastic polymer with the sole purpose of preventing and managing pressure injuries, it is a global leader in the industry. Sometimes referred to as a gel, Akton® polymer supersedes this designation as it:

- Redistributes weight
- Redistributes heat
- Will not leak, flow or bottom out
- Never requires kneading, pumping or inflating of any kind
- Is easy to use, clean and maintain

Call to request a sample

